

Power of Your Presence Workshop

TUESDAY: DAY 1

8:00 a.m.	Coffee & Check-In	Group meet and greet
8:30 a.m.	Workshop begins	Kick-off and introduction of morning session
Mid-morning	Break	Timing at discretion of facilitator
Noon	Lunch break	
1:00 p.m.	Afternoon session begins	
Afternoon	Break	Timing at discretion of facilitator
5:00 p.m.	Adjourn for day	End of Day 1

WEDNESDAY: Day 2

8:00 a.m.	Check-In	
8:30 a.m.	Morning session begins	
Mid-morning	Break	Timing at discretion of facilitator
Noon	Lunch break	
1:00 p.m.	Afternoon session begins	
Afternoon	Break	Timing at discretion of facilitator
3:00 to 5:30 p.m.	Adjourn formal group session for one-on-one sessions with facilitator	

THURSDAY: Day 3

8:00 a.m.	Check-In	
8:30 a.m.	Morning session begins	
Mid-morning	Break	Timing at discretion of facilitator
12:45 p.m.	Lunch break	<i>(Please note the later lunch break on Day 3 due to videotaping exercise)</i>
1:45 p.m.	Afternoon session begins	
Afternoon	Break	Timing at discretion of facilitator
3:00 to 5:30 p.m.	Adjourn formal group session for one-on-one sessions with facilitator	

FRIDAY: Day 4

8:00 a.m.	Check-In	
8:30 a.m.	Morning session begins	
Mid-morning	Break	Timing at discretion of facilitator
12:45 p.m.	Workshop adjourns	