

Workshops & Coaching Services



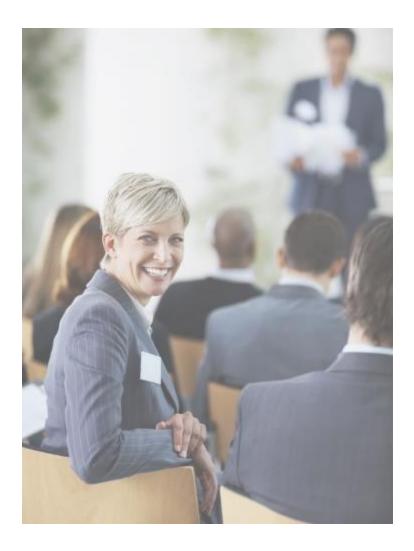
Who Are We?

- A Southern California-based consultancy founded in 2002 to provide leadership development training and coaching to individuals and groups.
- $\stackrel{\text{\tiny (s)}}{\sim}$ Our workshops and coaching services are provided both on-site and virtually.
- ∞ We serve client organizations across the USA, as well as internationally.





Our Formats



Short Lunch & Learn and Virtual Seminars

Conference Presentations

Half to Full-Day Workshops

Expanded Workshops (2 Days and longer)

1:1 Coaching (*In-person and virtual*)



Our Signature Offerings

For Expanded Workshops & Leadership Offsites

Power of Your Presence Power of Your Presence (International)	 3½-Day workshop for intact groups of 6 to Tailored for functional groups Periodically offered as open enrollment Longer format <i>International Version</i> also as
Embracing the New	 3-Day customized offsite for leaders and t For intact groups of up to 15 Two private coaching sessions per particip
Recharge & Renewal® for Leaders	 Multiple-day customized workshops For leaders responsible for assisting team pressure, change and business stressors



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6 to 12

Our Offerings

60-90 Minute Sessions

Lunch & Learn, Webinars or Conference Presentations

- Taking Charge of Your Own Well-Being
- Discovering Your Leadership Brand
- 5 Signs You're At Capacity & What to Do About It
- 7 Keys to Enhancing Your Speaking Voice
- How to Avoid the Presentation Butterflies









Our Offerings

Half to Full-Day Workshops

Client In-House Sessions for Intact Groups

- Recharging Your Battery
- Principles of Persuasion
- Enhancing Your Speaking Voice
- Virtual Presentation Skills
- Building Your Leadership Brand





Our Offerings

2-Day Workshops

Client In-House Sessions for Intact Groups

- Conflict & Collaboration
- Building Your Business Savvy
- Executive Presence & You
- Avoiding Burnout





Our Coaching

1:1 Packages and Retainer Services

- Leadership Anteing Up to a New Role
- **Presentations** *Enhancing Virtual or In-person Impact*
- Voice Enhancement/Reducing Accents
- Recharge & Renewal[®] for Life *Transition Coaching*
- Communication & Persuasion Skills
- Workshop Grads Follow-Up Coaching





Next Steps to Tailoring for Your Audience

Select Your Topic



Select a date and location



Discuss your budget and agree on the scope

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