

# Workshops & Coaching Services



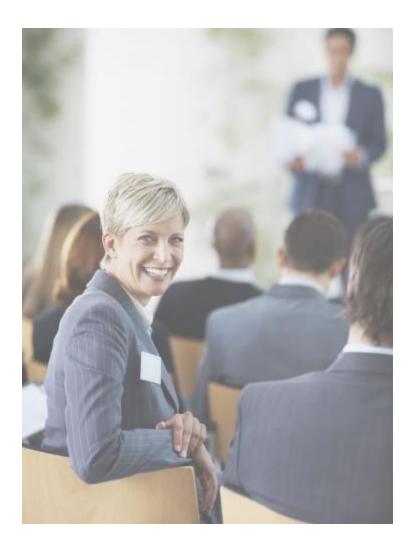
## Who Are We?

- A Southern California-based consultancy founded in 2002 to provide leadership development training and coaching to individuals and groups.
- $\stackrel{\text{\tiny (s)}}{\sim}$  Our workshops and coaching services are provided both on-site and virtually.
- $\infty$  We serve client organizations across the USA, as well as internationally.





## **Our Formats**



Short Lunch & Learn and Virtual Seminars

**Conference** Presentations

Half to Full-Day Workshops

Expanded Workshops (2 Days and longer)

1:1 Coaching (*In-person and virtual*)



## **Our Signature Offerings**

### For Expanded Workshops & Leadership Offsites

<b>Power of Your Presence</b> <b>Power of Your Presence</b> (International)	<ul> <li>3½-Day workshop for intact groups of 6 to</li> <li>Tailored for functional groups</li> <li>Periodically offered as open enrollment</li> <li>Longer format <i>International Version</i> also as</li> </ul>
Embracing the New	<ul> <li>3-Day customized offsite for leaders and t</li> <li>For intact groups of up to 15</li> <li>Two private coaching sessions per particip</li> </ul>
Recharge & Renewal® for Leaders	<ul> <li>Multiple-day customized workshops</li> <li>For leaders responsible for assisting team pressure, change and business stressors</li> </ul>



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## **Our Offerings**

### 60-90 Minute Sessions

Lunch & Learn, Webinars or Conference Presentations

- Taking Charge of Your Own Well-Being
- Discovering Your Leadership Brand
- 5 Signs You're At Capacity & What to Do About It
- 7 Keys to Enhancing Your Speaking Voice
- How to Avoid the Presentation Butterflies









## **Our Offerings**

### Half to Full-Day Workshops

Client In-House Sessions for Intact Groups

- Recharging Your Battery
- Principles of Persuasion
- Enhancing Your Speaking Voice
- Virtual Presentation Skills
- Building Your Leadership Brand





## **Our Offerings**

### 2-Day Workshops

Client In-House Sessions for Intact Groups

- Conflict & Collaboration
- Building Your Business Savvy
- Executive Presence & You
- Avoiding Burnout





## **Our Coaching**

**1:1 Packages and Retainer Services** 

- Leadership Anteing Up to a New Role
- **Presentations** *Enhancing Virtual or In-person Impact*
- Voice Enhancement/Reducing Accents
- Recharge & Renewal<sup>®</sup> for Life *Transition Coaching*
- Communication & Persuasion Skills
- Workshop Grads Follow-Up Coaching





## Next Steps to Tailoring for Your Audience

### Select Your Topic



## Select a date and location



Discuss your budget and agree on the scope

### Call us at +1 888.284.2442 Or email info@mariemoran.com



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