

## Power of Your Presence Essentials

### TUESDAY: Day 1

7:45 a.m.	Meet and Greet/Breakfast	Bistro Restaurant
8:30 a.m.	Welcome and Kick-off – Seminar begins	Meeting Room 2
Mid-morning	Break (15 minutes)	Timing at discretion of facilitator
Noon	Lunch break	On your own
1:15 p.m.	Afternoon session begins	
Afternoon	Break (15 minutes)	Timing at discretion of facilitator
4:45 p.m.	Group adjourns for the day	
5:00-6:30 p.m.	Coaching sessions	Available on request

### WEDNESDAY: Day 2

7:45 a.m.	Coaching sessions available	On request
8:30 a.m.	Morning session begins	Meeting Room 2
Mid-morning	Break (15 minutes)	Timing at discretion of facilitator
Noon	Lunch break	On your own
1:15 p.m.	Afternoon session begins	
Afternoon	Break (15 minutes)	Timing at discretion of facilitator
4:45 p.m.	Group adjourns for the day	
5:00-6:20 p.m.	Coaching sessions	Available on request

### THURSDAY: Day 3

8:30 a.m.	Morning session begins	Meeting Room 2
Mid-morning	Break (15 minutes)	Timing at discretion of facilitator
12:45 p.m.	Seminar adjourns	
Afternoon	Coaching sessions	Available on request

07.18.25 (Rockville, MD)